

Variable	Mean	SD	Min	Max
Age	35.2	12.5	18	65
Gender	Male	10.5	0	20
Education	12.5	1.5	9	16
Income	15.5	3.5	10	25
Marital Status	Married	15.5	0	20
Occupation	Professional	10.5	0	20
Religion	Christian	10.5	0	20
Health Status	Good	10.5	0	20
Stress Level	Low	10.5	0	20
Life Satisfaction	High	10.5	0	20
Resilience	High	10.5	0	20
Optimism	High	10.5	0	20
Gratitude	High	10.5	0	20
Forgiveness	High	10.5	0	20
Compassion	High	10.5	0	20
Kindness	High	10.5	0	20
Generosity	High	10.5	0	20
Patience	High	10.5	0	20
Self-control	High	10.5	0	20
Emotional Stability	High	10.5	0	20
Psychological Well-being	High	10.5	0	20
Life Satisfaction	High	10.5	0	20
Overall Health	Good	10.5	0	20

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